



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

3rd-5th Grade Boys/Girls Advanced Offensive Basketball Skills Workout- Fall 2014

Location: Avera Sports Center (85th & Minnesota)

Cost: \$159 Please make checks payable to Avera Sports Center
Payment is collected on the first day of workouts.

Athletes will receive a Warwick Workout T-shirt & Shorts

Weekly Workouts are the foundation to be coming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Monday, September 8 th	6:00-7:30
Monday, September 15 th	6:00-7:30
Monday, September 22 nd	6:00-7:30
Monday, September 29 th	6:00-7:30
Monday, October 6 th	6:00-7:30
Monday, October 13 th	6:00-7:30

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts
Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.